

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Ntsako Nghongama**

Has successfully participated & completed the  
**21km SA Run 4 Cancer Ultra Marathon 2019**  
held at Polokwane Rugby Fields.

**TIME 02:49:55**

**PACE 08:04/km**

**GENDER 141 of 323**

**OVERALL 483 of 766**

**SENIOR (20-39) 81 of 175**



26 October 2019, Sat

Date

*BoutTime*

Signature

